

## FastAction Sports Player Conduct Policy

FastAction sports aims to create a fun and friendly environment where players can enjoy competition. In order to ensure that this environment is protected, FastAction is implementing the following player policies.

These rules are not meant to take the fun out of the league, but to ensure that people have a safe and enjoyable time.

Players are encouraged to have a good time, and it is understood that a certain amount of trash talking will occur. However, it is the referee's responsibility to maintain control of the field, and they will have sole discretion as to how much trash talking will be allowed. It is understood that there will be some swearing on the field, but as there are family members and children in attendance, we ask that foul language be kept at a low volume. If it becomes excessive, see excessive trash talking below.

**Referees have the right to skip any steps they deem necessary to ensure the safety of the players and maintain control of the game.**

The following are the policies:

*Excessive Trash talking (determined by the referee)*

- 1<sup>st</sup> time – Warning
- 2<sup>nd</sup> – 15-yard penalty
- 3<sup>rd</sup> – Additional 15 yards and player ejection

*Excessive Contact (intent to harm, determined by referee)*

- 1<sup>st</sup> time – 15-yard penalty and player sits 3 minutes
- 2<sup>nd</sup> time – 15-yard penalty and player ejection

*Fighting*

- 1<sup>st</sup> time – Warning (if punch thrown, automatic player ejection)
- 2<sup>nd</sup> time – Both teams forfeit

*Excessive arguing with referee*

- 1<sup>st</sup> time – Warning
- 2<sup>nd</sup> time – Player sits 3 minutes and 15-yard penalty
- 3<sup>rd</sup> time – Player ejection

\*\*Teams may not question referee judgment calls

\*\*Captains are the only players allowed to ask for clarification on calls

The following policies are completely unacceptable and will be evaluated on a case-by-case basis:

*Threatening of a player or fan:*

Immediate ejection, commissioner will evaluate whether a suspension is necessary.

*Threatening a referee, or aggressive action towards a referee:*

Immediate ejection and automatic suspension for next game. The commissioner will evaluate the situation and reserves the right to suspend the player for the remainder of the season.